

LESSON TITLE:
**RECLAIMING OUR SPIRITUAL
WELLS**



**Life in the Word Series:
Digging Deeper**

Lesson Three:
Reclaiming Our Spiritual
Wells

John 4:14, But whoever drinks of the water that I will give him shall never thirst; but the water that I will give him will become in him a well of water springing up to eternal life.”



Scripture Lesson: Genesis 26:15, 18

Genesis 26:15,18 , So all the wells that his father's servants had dug in the time of his father Abraham, the Philistines stopped up, filling them with earth.

And Isaac dug again the wells of water which they had dug in the days of Abraham his father, for the Philistines had stopped them up after the death of Abraham. He called them by the names which his father had called them.



Lesson Three:
Reclaiming Our Spiritual Wells

Hebrews 2:1, “...We must give the more earnest heed to the things we have heard, lest we drift away.”



**Four Steps in Reclaiming Our
Spiritual Wells:**

**1. Do Not Neglect
the Power of Prayer.**

“Prayer is to faith what breath is to life.”

**Luke 18:1, People should keep on
praying at all times and not lose
heart.**

I Thessalonians 5:16-18, Rejoice always. Pray without ceasing. In everything, give thanks. For this is God's will for you in Christ Jesus.

**2. Devote to
Studying God's
Word.**

a. LAZINESS is one of the primary reasons we don't study Scripture.

b. SOCIAL MEDIA - Screen time is a death sentence for our time in the Scriptures.

Joshua 1:8, This Book of the Law shall not depart from your mouth, but you shall meditate on it day and night, so that you may be careful to do according to all that is written in it. For then you will make your way prosperous, and then you will have good success.

I Timothy 4:13, Until I come, devote yourself to the public reading of Scripture, to exhortation, to teaching.

**1 Peter 2:2, Like newborn infants,
long for the pure spiritual milk, that
by it you may grow up into
salvation.**

**3. Develop a Strong
Passion for Worship.**

John 4:23-24, A time is coming and has now come when the true worshipers will worship the Father in the Spirit and in truth, for they are the kind of worshipers the Father seeks. God is spirit, and His worshipers must worship in the Spirit and in Truth.

“The closer you get to the Truth, the clearer becomes the beauty, and the more you will find worship welling up within you. That’s why theology and worship belong together. The one isn’t just a head-trip; the other isn’t just emotion.”

**4. Remain Connected
to a Community of
Believers.**

**Our love for God is
never stimulated apart
from community.**

Hebrews 10:24-25, “...Let us consider how to stimulate one another to love and good deeds, not forsaking our own assembling together as is the habit of some but encouraging one another....”

**We must turn to the
Ultimate Source of Spiritual
Nourishment, Jesus Christ.**

John 6:34, Jesus said to them, "I Am the Bread of Life; whoever comes to Me shall not hunger, and whoever believes in Me shall never thirst.

**John 4:14, But whoever drinks
of the water that I shall give
him will never thirst. But the
water that I shall give him will
become in him a fountain of
water springing up into
everlasting life.**

**Reclaiming our spiritual
wells may come with
obstacles and opposition.**

Romans 5:3-5, Not only so, but we also glory in our sufferings, because we know that suffering produces perseverance; perseverance, character; and character, hope. And hope does not put us to shame, because God's love has been poured out into our hearts through the Holy Spirit, who has been given to us.

**During Challenging Seasons, it is
VITAL to:**

- 1. Maintain Perseverance and Faith.**
- 2. Rest in the Promises of God.**
- 3. Seek the Support and
Accountability of Mature Believers.**

The Personal Impact of Reclaiming Our Spiritual Wells:

- 1. Renewed Spiritual Vitality**
- 2. Growth in Your Relationship with God**
- 3. Faith is Revitalized**
- 4. An Increased Joy, Passion and Intimacy with God**
- 5. Fervency in Prayer**
- 6. Deeper Understanding of Scriptures**
- 7. Authentic and Heartfelt Worship**

The Broad Impact of Reclaiming Our Spiritual Wells:

1. We become conduits of spiritual refreshment and encouragement to others.

2. We can share God's love, grace and wisdom with those around us.

3. We become a source of inspiration and hope.

4. Our lives become a testimony to the power of reclaiming wells.

Isaiah 58:11, And I will always guide you and satisfy you with good things. I will keep you strong and well. You will be like a garden that has plenty of water, like a spring of water that never goes dry.

Four Blessings:

- 1. God's Constant Guidance.**
- 2. Strength in Hardships.**
- 3. Renewal of Vitality.**
- 4. Flourishing like a Garden**

**“When the well’s dry, we know the
worth of water.”**

Follow Up Chat Questions:

- 1. What did a well(s) symbolize in the OT?**
- 2. In what way(s) is the spirit of Philistines at work today?**
- 3. List the four ways our spiritual wells can become clogged. How do we unclog them?**
- 4. Jesus is our “Primary” source of nourishment. How so?**
- 5. List ways we can navigate through our challenging seasons.**
- 6. List the personal and broad impact you can experience when reclaiming your wells. Which one resonated the most?**
- 7. In what way(s) are you a vessel of spiritual refreshment?**